Arrogance, envy, stinginess, jealousy, greed, pride, anger, hatred, lust, and spite are among the most dangerous inner diseases of the heart.

Although residing in the hearts, their destructive effects are reflected in the behaviour and conduct of the person who will be in due course prevented from entering paradise on the Day of Judgment.

Prophet Muhammad (peace be upon him) said:
"One will not enter Paradise if one has an atom’s weight of arrogance in his/her heart." (Ahmad)

He also said:
"The heart must be clean and honest. Allah is pure and He only accepts pureness." (Muslim)

This however does not mean that you will not go paradise, this is under the condition the person continues to have these traits without regret or reform.

Heart Diseases

In today’s busy and competitive society, some people are seen taking advantages of a situation trying to get ahead and in turn hurting others without concern. These diseases of the heart lead to bad actions and behaviour all of which are immoral. They lead to animosity, evil thinking about others’ intentions, backbiting, spreading rumours, lying, turning back on each other parting with bad terms, and may also result, in extreme cases, the desire to inflict physical damage. They are for sure bad seeds for a terrible tree of diseases.

Prophet Muhammad says:
"Do not be envious of one another; do not artificially raise prices against one another; do not hate one another; do not turn your backs on each other; and do not undercut one another in business transactions. And be [O] servants of Allah, brethren. A Muslim is the brother of a Muslim. He does not wrong him. He does not fail him [when he needs him]. He does not lie to him. And he does not show contempt for him. Piety is here." (Muslim).

It is not just Islam that teaches us not to be arrogant, it the values of good people that share the same belief.
Discussion

Very quickly discuss as a class, think of examples actions of ‘pride’ and how would you be able to make the action ‘humble’.

Next day

The following clip is a clip where it helps man to manage his humility.

https://www.youtube.com/watch?v=lmFPMZYNdWY